

## EASTERN CANADA HOPES WEEK

LAVAL, QUÉBEC

August 24 to 28, 2016



### **A. GENERAL INFORMATION**

#### **Competition and Training Site:**

Collège Letendre, 1000, boulevard de l'avenir, Laval, QC, H7N 6J6

#### **Accommodation:**

Hôtel Olux, 1354, boulevard des Laurentides, Laval, QC, H7N 4Y4.

#### **Transportation:**

Transportation between the airport and Laval is available upon request (with **Julien Le Hégarat au (514) 983-7464**).

#### **Schedule:**

August 24-25-26 → Training Camp under the supervision of an international coach (to confirm) and Julien Le Hégarat.

August 27-28 → Competition and prize ceremony

#### **Events:**

cadet under 9, cadet under 11 and cadet under 13 (girls and boys)

#### **Maximum number of players:**

20 per province

30 players in total

#### **TTCAN coach/player ratio guidelines:**

1:5

2:6-10

3:11-15

4:16-20

5:21-25

### **B. PACKAGES for Athletes**

**We are offering hospitality packages to facilitate your planning. However, you can choose not to purchase a package and simply pay for your training and competition – 220\$ per player. In this case, you would be responsible for your own accommodation, meals and transportation.**

#### **A- All-inclusive – quad occupancy: 480\$**

- 5 nights accommodation (carpooling is offered between the hotel and the camp)
- all meals (14)
- 3 days training camp
- 2 days competition

#### **B- All-inclusive – triple occupancy: 520\$**

- 5 nights accommodation (carpooling is offered between the hotel and the camp)
- all meals (14)
- 3 days training camp
- 2 days competition

### C. PACKAGES for coaches, parents, accompanying person

- C- All-inclusive – quad occupancy: 320\$**
- 5 nights accommodation (carpooling is offered between the hotel and the camp)
  - all meals (14)
- D- All-inclusive – triple occupancy: 380\$**
- 5 nights accommodation (carpooling is offered between the hotel and the camp)
  - all meals (14)
- E- All-inclusive – double occupancy: 430\$**
- 5 nights accommodation (carpooling is offered between the hotel and the camp)
  - all meals (14)

### D. EQUIPEMENT

- Butterfly 3\* - White ball.

### E. PRIZES

A few prizes will be handed out at the end of the week, they are:

- Medals
- Most Improved (boy and girl)
- Best Attitude (intensity, sportsmanship, etc.) in training and during the competition (boy and girl)
- Most Involved Coach

### F. HOPES PROGRAM OUTLINE

TTCAN Hopes Program - ITTF North America Hopes Program and ITTF World Hopes Program:

Based on Table Tennis Canada's Long Term Athlete Development Model, the Hopes week is part of a worldwide Hopes movement that aims to provide skills development activities for very young players and their coaches. The Hopes week also replaces the previous CA 13, CA 11 Championships events at the Canadian Junior Championships.

**The TOP 4 finisher in the CA 11 - East and West (8 boys and 8 girls) will have a guaranteed space at the Canada Hopes Challenge 2017. The CA 11 players must be eligible for CA12, therefore born in 2004 as of January 1, 2017.**

**The Winner in the CA 13 – East and West (2 boys and 2 girls) will have a guaranteed space at the Canada Series Finals 2017.**

### G. INSCRIPTION

- Please note that all costs mentioned above **include taxes and other fees**. Each provincial delegation must pay the complete cost by cheque (to the order of club Réflexe) or by credit card (Visa and MC) at the entry deadline.
- Provinces are REQUIRED to fill in the Excel sheet that will be available on the TTCAN ([www.ttcn.ca](http://www.ttcn.ca)) and the FTTQ ([www.tennisdetable.ca](http://www.tennisdetable.ca)) websites.
- Reservations at the hotel can ONLY be made through the table tennis club Réflexe Laval. The deadline to reserve a hotel room is the August 5 with the limits of available.
- For all entries and/or questions, please contact **Julien Le Hégarat at (514) 983-7464 or by email [julien.clubreflexe@gmail.com](mailto:julien.clubreflexe@gmail.com)**.

### H. ENTRY DEADLINE

**The deadline to enter your TOTAL delegation is August 10, 2016.**